

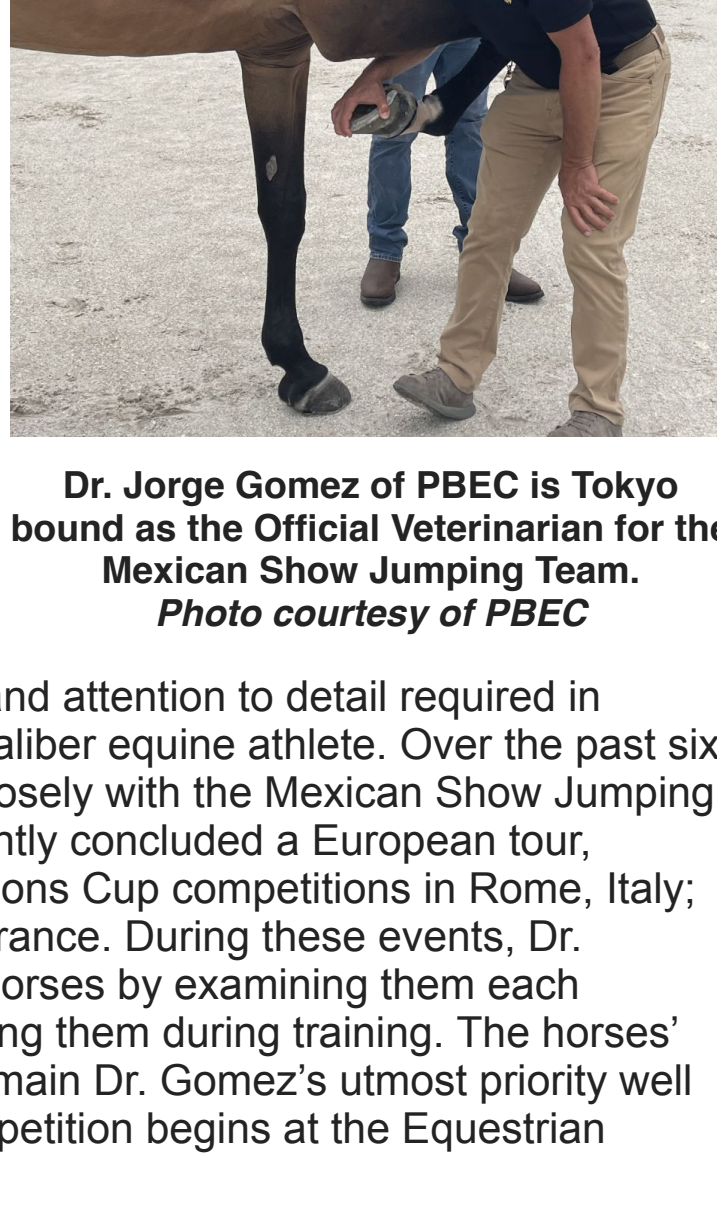


Tokyo Time 🇯🇵 Veterinary Care for Olympic Equine Athletes by Palm Beach Equine Clinic

Dr. Jorge Gomez To Serve as Official Veterinarian for Mexican Show Jumping Team

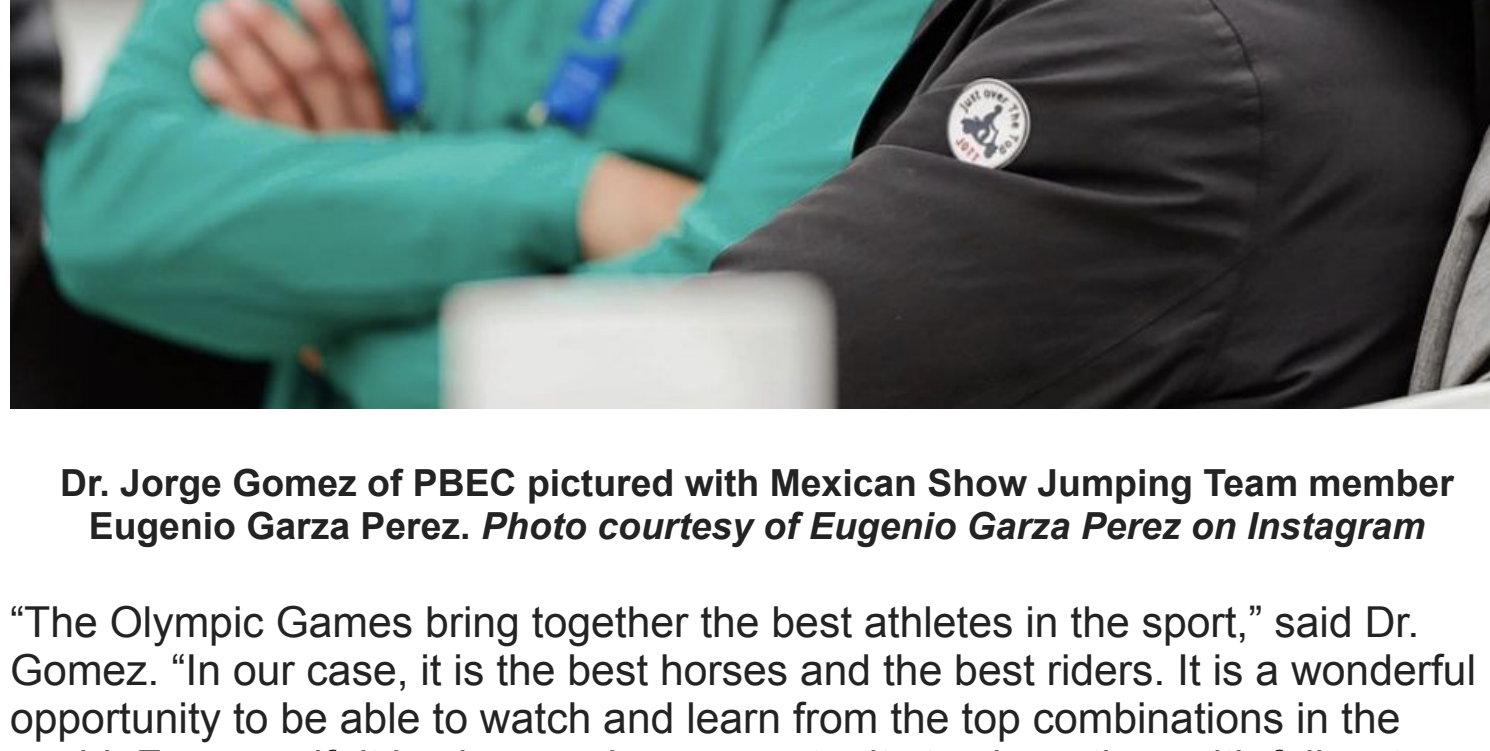
Dr. Jorge Gomez, MVZ, MS, DACVS, is the Official Veterinarian for the Mexican Show Jumping Team at the 2020 Olympic Games in Tokyo, Japan. Dr. Gomez, originally from Colombia, joined Palm Beach Equine Clinic in 2011 and has since served as an Official Veterinarian at the 2012 Olympic Games in London, England; the 2014 Alltech FEI World Equestrian Games in Normandy, France; the 2015 Pan American Games in Toronto, Canada; and the 2016 Olympic Games in Rio de Janeiro, Brazil.

"It is an honor to have been chosen for this responsibility," said Dr. Gomez. "I have had the fortune of serving on two previous occasions and am grateful for the opportunity to return as a veterinarian for the Olympics."



Dr. Jorge Gomez of PBEC is Tokyo bound as the Official Veterinarian for the Mexican Show Jumping Team.
Photo courtesy of PBEC

There is a tremendous amount of work and attention to detail required in preparing and maintaining an Olympic-caliber equine athlete. Over the past six months, Dr. Gomez has been working closely with the Mexican Show Jumping Team horses and riders. The Team recently concluded a European tour, competing in three highly-renowned Nations Cup competitions in Rome, Italy; St. Gallen, Switzerland; and La Baule, France. During these events, Dr. Gomez paid very close attention to the horses by examining them each morning and evening, as well as observing them during training. The horses' veterinary care and overall health will remain Dr. Gomez's utmost priority well after the Olympic cauldron is lit and competition begins at the Equestrian Park.



Dr. Jorge Gomez of PBEC pictured with Mexican Show Jumping Team member Eugenio Garza Perez. *Photo courtesy of Eugenio Garza Perez on Instagram*

"The Olympic Games bring together the best athletes in the sport," said Dr. Gomez. "In our case, it is the best horses and the best riders. It is a wonderful opportunity to be able to watch and learn from the top combinations in the world. For myself, it is also a unique opportunity to share time with fellow team veterinarians from around the world."

For updates from Dr. Gomez at Olympic Village, follow Palm Beach Equine Clinic on Instagram [@pbequineclinic](#), [Facebook](#), or Twitter [@PalmBeachEquine](#).

[Read More About Dr. Gomez](#)

Combating the Heat at Equestrian Park with Tokyo Olympics Veterinary Services Supervisor Dr. Christopher Elliott



Dr. Christopher Elliott, BVSC, MRCVS, MANZCVS, DACVSMR, is an associate sports medicine veterinarian with Palm Beach Equine Clinic who has served as an FEI Official Veterinarian for elite international events across disciplines. Most notably, he has worked for the 2008 Paralympic Games in Beijing, China; 2014 Alltech FEI World Equestrian Games in Normandy, France; 2016 Olympic and Paralympic Games in Rio de Janeiro, Brazil; and 2018 FEI World Equestrian Games in Tryon, North Carolina; as well as numerous eventing competitions including Sydney, Melbourne, and Adelaide in Australia, and Badminton and Bughley in the United Kingdom.

Dr. Elliott has been in Tokyo since early May making preparations for the Olympics as the Veterinary Services Supervisor, and he has given us an inside look into the heat and humidity safety measures for equine athletes.

Tokyo temperatures in July and August can reach as high as 105° Fahrenheit (41° Celsius), so cooling measures are crucial to preventing overheating for all athletes, both equine and human.

Safety measures include:

- Cooling tents have been made easily accessible throughout Equestrian Park. The cooling tents are well stocked with water troughs, which are monitored by a team of volunteers who use ice blocks to keep the water at 59° Fahrenheit (15° Celsius).
- Misting fans in cooling tents are on for the duration of training and competition times.
- Training is halted from 11:00 a.m. until 3:00 p.m., which are the hottest times of the day.

This is not the first time extreme heat has caused concern for equestrian athletes at the Olympic Games, and significant research has been conducted to increase athlete safety when temperatures are high. Dr. Elliott published clinical insights regarding research studies between the 1992 Barcelona Olympic Games and the 1996 Atlanta Olympic Games.



Dr. Chris Elliott is in Tokyo to serve as Veterinary Services Supervisor for the 2020 Games. *Photo courtesy of Dr. Chris Elliott*



Cooling troughs have been placed outside each stable in Tokyo set at 59° Fahrenheit (15° Celsius) to allow for large volume water active cooling at 59° Fahrenheit (15° Celsius). *Photo courtesy of Dr. Chris Elliott*

[Read Dr. Elliott's Clinical Insights](#)

Put Your Best Foot Forward: How To Keep Horses' Hooves Strong Through Summer

Featured on [The Plaid Horse](#)

Proper hoof health is hard to achieve any time of year, but during the hot summer months, a solid, healthy hoof is even more difficult to attain due to an increase in moisture in the environment. Each July, the American Farriers Journal dedicates a week of the calendar to recognize farriers for their dedicated commitment to delivering hoof care to horses.

To honor our hoof care experts, we spoke with veterinarian and farrier Dr. Stephen O'Grady of Palm Beach Equine Clinic on how moisture contributes to a weaker hoof infrastructure and offers steps owners and managers can take to help keep moisture away and strengthen horses' hooves.

It is best to tackle issues that accompany moisture by going straight to the source and minimizing the amount of water that comes in contact with the hooves. This can be accomplished in several ways:



A shellac hoof dressing, used once to twice per week, can help prevent hooves from absorbing moisture. *Photo by Jump Media*

1. Give your horse fewer baths. Cutting down on how many times per day a horse is hosed can be difficult with competition horses that need to stay clean and that may be exercised, ridden, or shown several times per day.

2. Avoid standing water. If you must bathe, be sure the horse isn't standing in excess water that rises over the hoof pastures. Try to shower off the horse in a dry area so the surface underneath the horse does not contribute to the moisture level. After being bathed, move the horse to a dry surface so their hooves can thoroughly dry.

[Read More on The Plaid Horse](#)

Listen to PBEC Vets on Your Morning Commute

Dr. Natalia Novoa Explains Her Approach to Veterinary Medical Manipulation Patients

[Horses in the Morning](#)

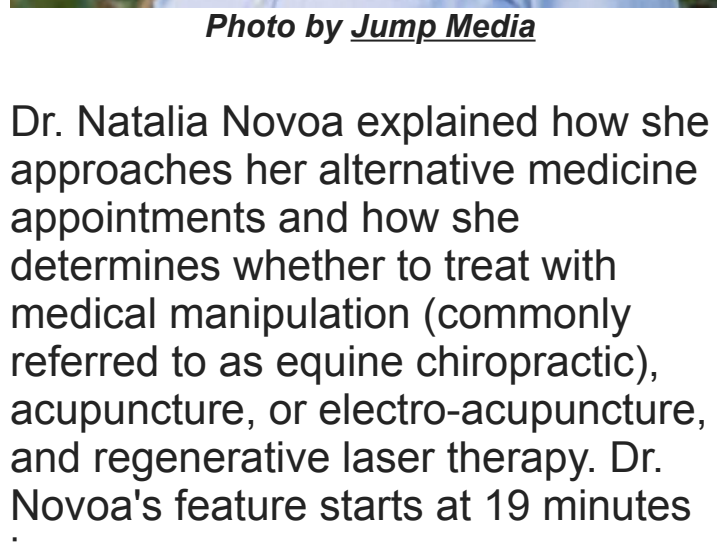


Photo by Jump Media

Dr. Janet Greenfield Davis on Equine Rehabilitation and Performance Medicine

[Horses in the Morning](#)

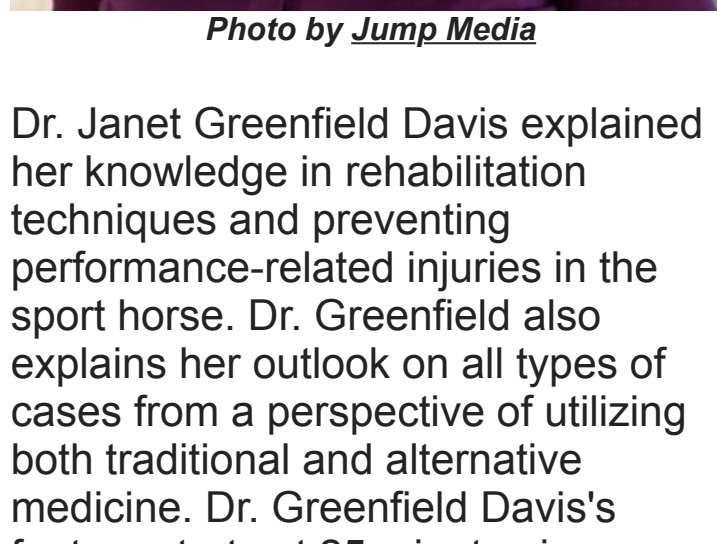


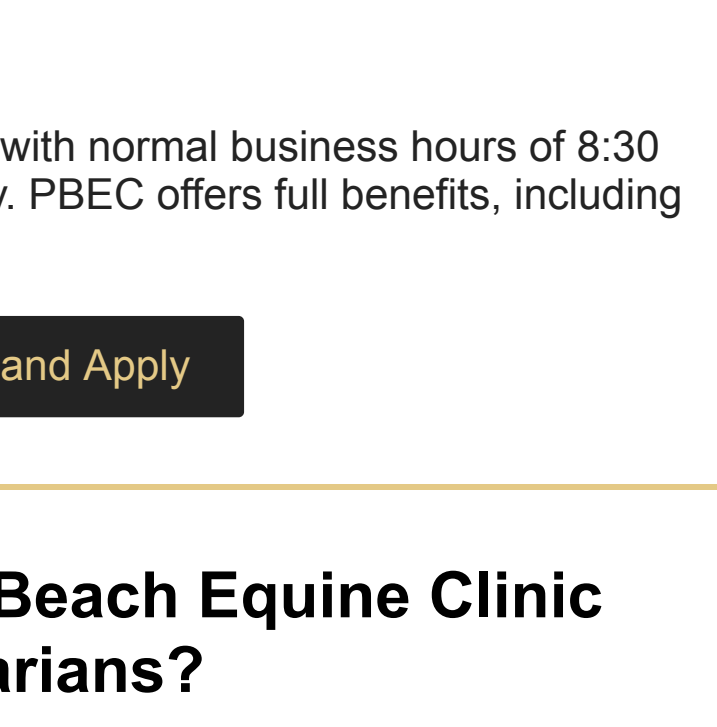
Photo by Jump Media

[Tune In](#)

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Join the Team at Palm Beach Equine Clinic

Palm Beach Equine Clinic is seeking a bilingual (English and Spanish) team coordinator who will be responsible for administrative duties and client/patient communications for several veterinarians. Candidates must have excellent people skills and the ability to work well under pressure. Microsoft Office/computer skills and billing experience is required, and experience in the equine or veterinary industry is preferred.

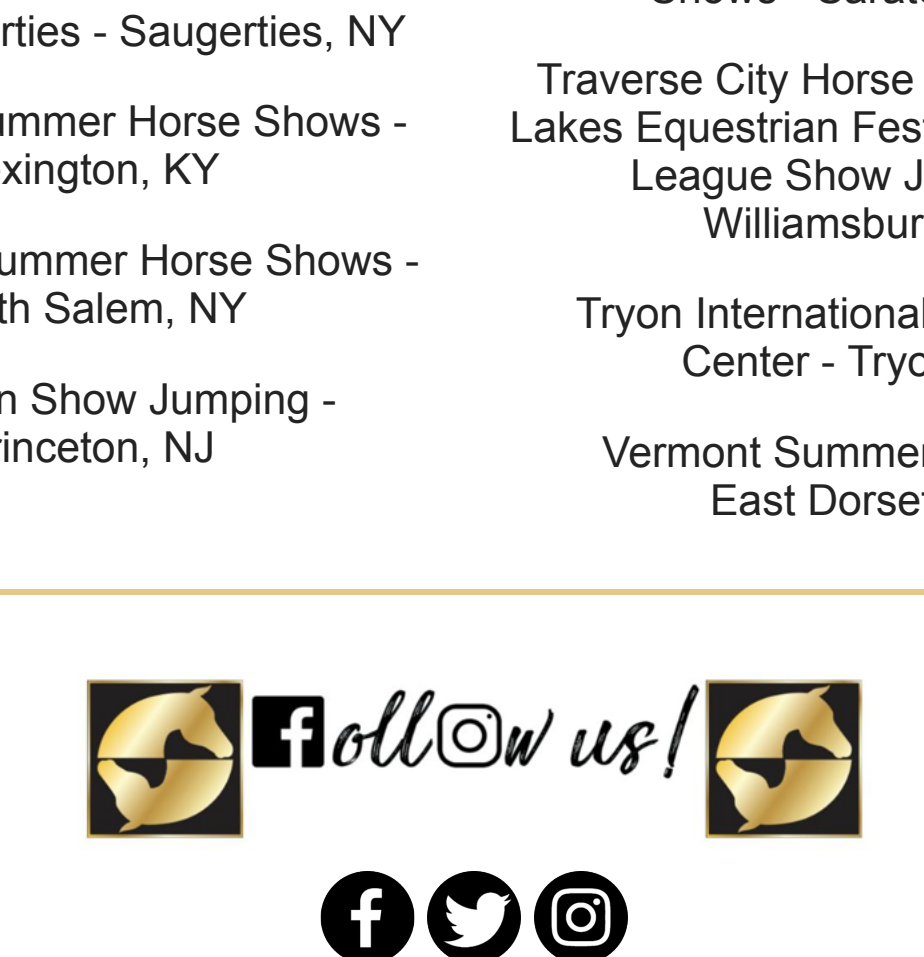


This position is based in Wellington, FL, with normal business hours of 8:30 a.m. to 5:30 p.m. Monday through Friday. PBEC offers full benefits, including 401(k).

[Read More and Apply](#)

Where Are the Palm Beach Equine Clinic Veterinarians?

Several of our veterinarians are on the road this time of year, offering their services across the United States. Satellite veterinary services can be found throughout the summer in the areas and at the competitions listed below.



World Equestrian Center - Ocala, FL

HITS Saugerties - Saugerties, NY

Kentucky Summer Horse Shows - Lexington, KY

Old Salem Summer Horse Shows - North Salem, NY

Princeton Show Jumping - Princeton, NJ

Saratoga Summer and Special Horse Shows - Saratoga, NY

Traverse City Horse Shows, Great Lakes Equestrian Festival, and Major League Show Jumping - Williamsburg, MI

Tryon International Equestrian Center - Tryon, NC

Vermont Summer Festival - East Dorset, VT



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